

Please use block letters!**Patient details** male female

Date of Birth:

First name

Family name

Street and house number

Postal code and city

Country

**biovis'**
DIAGNOSTICS

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Time of Sampling

Date of Sampling

Barcode or Practice Stamp

PLEASE PRINT OR USE ADDRESS LABEL!

DO NOT USE ANY PAPER CLIPS, STAPLES OR STICKERS !

No handwritten changes

(Removal or addition of parameters)

Samples marked with EXP must arrive at the laboratory within 24 hours!**EXP sample shipping: Monday - Thursday only!****Please do not send EXP samples on Fridays or before public holidays!****Diagnostic Test Directory**

- I. Orthomolecular and mitochondrial medicine
- II. Allergies and Intolerances
- III. Neurological Stress and Endocrinology
- IV. Saliva Tests
- V. Immunology and Haematology
- VI. Infection Diagnostics
- VII. Clinical Chemistry
- VIII. Detoxification / Toxicology

For Individual Requests:**I. Orthomolecular and Mitochondrial Medicine****Minerals and Trace Elements****Profiles** E110 Whole Blood Mineral Analysis Hep 8 minerals and trace elements

Sodium, potassium, calcium, magnesium, iron, zinc, copper, selenium

 E105 Whole Blood Mineral Analysis Midi Hep 16 minerals and trace elements, including 12 essential and 4 toxic

Sodium, potassium, calcium, magnesium, iron, zinc, copper, chromium, manganese, selenium, lead, cadmium, phosphorus, molybdenum, nickel, mercury

 E101 Whole Blood Mineral Analysis Maxi Hep 24 minerals and trace elements, including 15 essential and 9 toxic

Sodium, potassium, calcium, magnesium, molybdenum, iron, zinc, copper, selenium, chromium, manganese, phosphorus, boron, lead, cadmium, nickel, mercury, aluminum, arsenic, iodine, cobalt, vanadium, tin, thallium

 E103 Whole Blood Mineral Analysis Maxi Plus **NEW** Hep 41 minerals and trace elements, including 15 essential and 26 toxic

In addition to the WMA Maxi profile: bismuth, beryllium, gallium, strontium, zirconium, silver, palladium, indium, caesium, barium, cerium, gadolinium, tungsten, iridium, uranium, gold, platinum

 E115 Intracellular Minerals Hep Detects zinc, selenium, magnesium, manganese and potassium in washed red blood cells. Preferably carried out whenever cell count is reduced (anemia).**Individual Parameters**

<input type="checkbox"/> E120	Zinc in Whole Blood	Hep
<input type="checkbox"/> E130	Selenium in Whole Blood	Hep
<input type="checkbox"/> E132	Selenoprotein P NEW	S
<input type="checkbox"/> E133	Selenium supply NEW Selenium in whole blood and selenoprotein P	S, Hep
<input type="checkbox"/> E134	Selenoprotein P autoantibodies NEW	S
<input type="checkbox"/> E151	Chromium-III in Serum	S
<input type="checkbox"/> E152	Boron in Serum	S
<input type="checkbox"/> E160H	Iodine in Whole Blood	Hep
<input type="checkbox"/> E160	Iodine in Urine	2.MU
<input type="checkbox"/> E162	Iodine Stress Test	U24

amount of urine collection/liter

dose/mg

 I280 Lithium in Serum **NEW**
Monitoring during psychiatric therapies I285 Lithium in Whole Blood **NEW**
Care and prevention**Security Parameters**

<input type="checkbox"/> E505	Coeruloplasmin Copper Transport Protein	S
<input type="checkbox"/> D135	Glucose-6-Phosphate-Dehydrogenase	EDTA

Vitamins

<input type="checkbox"/> E420	Vitamin Profile S, 2.EDTA Vit. B6, B12, D3 (25-OH), folic acid, coenzyme Q10	
<input type="checkbox"/> E430	Vitamin A	S
<input type="checkbox"/> E440	β-Carotene	EDTA
<input type="checkbox"/> E451	Vitamin B1 (Thiamine Pyrophosphate)	EDTA
<input type="checkbox"/> E460	Vitamin B2 (FAD)	EDTA
<input type="checkbox"/> E470	Vitamin B3 (Nicotinamide)	S
<input type="checkbox"/> E485	Vitamin B5	EDTA
<input type="checkbox"/> E480	Vitamin B6 (Pyridoxal-5-Phosphate)	EDTA
<input type="checkbox"/> E490	Folic Acid Storage Status (Vitamin B9)	EDTA
<input type="checkbox"/> E500	Vitamin B12	S
<input type="checkbox"/> E510	Holotranscobalamin	S
<input type="checkbox"/> E520	Methylmalonic Acid	T928
<input type="checkbox"/> E530	Vitamin C	Hep
<input type="checkbox"/> E560	Vitamin E	S
<input type="checkbox"/> E570	Biotin (Vitamin H)	S
<input type="checkbox"/> E575	Vitamin K1/K2	Sc
<input type="checkbox"/> E576	Uncarboxylated matrix GLA protein	EDTA-Pif EXP
<input type="checkbox"/> E580	Coenzyme Q10	S
<input type="checkbox"/> E590	Coenzyme Q10 lipid corrected	S

Bioactive Vitamins

<input type="checkbox"/> E451A	Vitamin B1	EDTA EXP
<input type="checkbox"/> E460A	Vitamin B2	Sc EXP
<input type="checkbox"/> E470A	Vitamin B3 (Niacin)	Sc EXP
<input type="checkbox"/> E480A	Vitamin B6	Sc EXP
<input type="checkbox"/> E500A	Vitamin B12	Sc EXP
<input type="checkbox"/> E490A	Folic Acid	Sc EXP
<input type="checkbox"/> E570A	Biotin	Sc EXP

REQUEST FORM**A14-1-EN**

Barcode or Practice Stamp

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(Removal or addition of parameters)

Samples marked with EXP must arrive at the laboratory within 24 hours!**EXP sample shipping: Monday - Thursday only!****Please do not send EXP samples on Fridays or before public holidays!****Vitamin D Metabolism**

<input type="checkbox"/> E540	25-OH-Vitamin D3	S
<input type="checkbox"/> E540F	Free 25-(OH)-Vitamin D	Sc EXP
<input type="checkbox"/> E550	1,25-OH-Vitamin D3	S
<input type="checkbox"/> E552	Vitamin-D-Ratio Vit. D3 1,25-OH + 25-OH + Ratio	S
<input type="checkbox"/> E554	Interactions in Vitamin D Metabolism Hep, Sc Ca (WB), Mg (WB), Zn (WB), PO4 (WB), Vit. K1/K2	EDTA EXP
<input type="checkbox"/> H540	Vitamin D Genetics 9 SNPs out of CYP2R1, CYP27B1, CYP24A1, VDR, VDBP and VDBP	Scf EXP
<input type="checkbox"/> F225	Parathormone	Scf EXP

Oxidative Stress

<input type="checkbox"/> E210	Profile Oxidative Stress Antioxidative capacity, lipid peroxidation, 8-OH-desoxyguanosine	S, U
<input type="checkbox"/> E220	Profile Antioxidants Glutathione peroxidase, superoxide dismutase, b-carotene, vit. E, Se (WB), Zn (WB)	S EXP
<input type="checkbox"/> E230	Profile Glutathione Metabolism (GSH and GSSG)	CPDA EXP
<input type="checkbox"/> E235	Intracellular Glutathione	2CPDA EXP
<input type="checkbox"/> E240	Lipid Peroxidation	S
<input type="checkbox"/> E250	Antioxidant Capacity	S
<input type="checkbox"/> E255	Thiol Status	S
<input type="checkbox"/> E260	8-Hydroxydesoxyguanosine	U
<input type="checkbox"/> E290	Glutathione Peroxidase	EDTA
<input type="checkbox"/> E301	Superoxide Dismutase Mn	S
<input type="checkbox"/> E305	Ox. LDL (oxidative modification of LDL)	S

Nitrosative Stress and Mitochondria

<input type="checkbox"/> E328N	BHI-PLUS Bioenergetic Health Index PLUS Multiparameter analysis for the assessment of mitochondrial performance, e.g. in patients with mitochondrial dysfunction or as monitoring during therapy	CPDA EXP
<input type="checkbox"/> E335	Complementary Biomarkers to clarify causative factors PGC-1α, Nrf2, rhodanese	CPDA EXP
<input type="checkbox"/> E336	mtn/n DNA Determines the number of mitochondria per cell	CPDA EXP
<input type="checkbox"/> E337	PGC-1α; (Mitochondrial Biogenesis) Marker for mitochondrial biogenesis	CPDA EXP
<input type="checkbox"/> E338	Nrf2 Mitochondrial resistance against ROS (oxidative stress)	CPDA EXP
<input type="checkbox"/> E339	Rhodanese	CPDA EXP
<input type="checkbox"/> E330	Mitochondrial Activity Evaluation of membrane potential	CPDA EXP
<input type="checkbox"/> E332R	Mitochondrial O ₂ -Radical Formation Assessment of the endogenous neutralization capacity after formation of oxygen radicals	EDTA EXP



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Nitrosative Stress

- E320 **Profile** S, EDTA, CPDA EXP
Nitrosative Stress + Mitochondria
 Mitochondrial activity, nitrotyrosine, coenzyme Q10, vit. B12, LDH isoenzyme
- E325 **Profile Nitrosative Stress** T928
 Nitrophenylacetic acid, methylmalonic acid, citrulline
- E340 **Nitrotyrosine** EDTA EXP
- E400 **Nitrophenylacetic Acid in Urine** T928
- E350 **Citrulline in Urine** T928
- E360 **Protein S100** Sc EXP
- E370 **Protein S100 Stress Test** 2Sc EXP
For test instructions - please go to www.biovis.eu/en/
- E380 **LDH and LDH-Isoenzymes** S
- E390 **Lactat / Pyruvat Ratio*** CP EXP
 *on empty stomach, at rest

Organic Acids, Fatty Acids, Amino Acids

- E408 **Complete Profile Organic Acids** T928
 Contains 21 organic acids and provides information on mitochondrial energy production, vitamin metabolism, methylation capacity (folic acid requirement), oxidative stress, amino acid metabolism, etc.
- E425 **Organic Acids of the Citric Acid Cycle** T928
 Citrate, malate, α -ketoglutarate
- E435 **Vitamin Metabolism Marker** T928
 Methylmalonic acid, cystathione, fumarate, isocitrate, citrate, α -ketoglutarate
- E610 **Amino Acid Status** EDTA-PI. EXP
 30 amino acids
- E640 **Fatty Acid Status in Whole Blood** EDTA
 Complete overview of the distribution of fatty acids
- E644 **Fatty Acid Status of Erythrocyte Membranes** EDTA
 Quantifies only fatty acids in erythrocyte membranes, not in serum, nor plasma
- E650 **Fatty Acid Status in Serum** S
 Saturated/unsaturated fatty acids, ω 3/ ω 6-FS
 Allows conclusions to be drawn concerning nutrition-dependent fatty acid supply, short-term influences are possible
- E630 **L-Carnitine** free/in total S

Biovis Prevent 360 in Capillary Blood

- N360 **Biovis Prevent 360 NEW** T933
 Comprehensive screening for 75 parameters, including amino acid profile, fatty acids, vitamin D, minerals (Se, Zn, Mg, Fe), stress, atherosclerosis, and metabolic markers, bile acids (liver, gallbladder), and bacterial metabolites (gut).

Additional Profiles

- E670 **Basic Profile + OM** 2Sc , EDTA, Hep, NaF
 Complete blood count, CRP, neopterin, ECP, creatinine, urea, yGT, GPT, K + Na + Ca (S), K + Mg + Zn (WB), transferrin saturation, extracellular K, blood sugar, cholesterol, HDL, LDL, TGL, uric acid, TSH, LDH + LDH isoenzymes, antioxidant capacity
- E660 **Hair Loss Profile** S, EDTA, Hep
 Small blood count, vit. B12, folic acid, biotin, zinc in whole blood, transferrin saturation, TSH
- E190 **Hair Mineral Analyses** T913
 38 minerals/trace elements/toxic minerals/heavy metal index
- E690 **Profile for Vegetarians and Vegans** 2S, Hep
 Ferritin, zinc in whole blood, vit. B12, vit. D3 (25OH), total protein (S), L-carnitine
- L120 **Kryptopyrole** T903

Alzheimer's Disease Profiles

- PP3ALZ **Alzheimer's Basic Profile** S, 2EDTA, Hep, NaF
 ApoE, whole blood mineral analyses, blood sugar, HbA1c, vit. D3 (25OH)
Can be complemented by the following profiles:
A713A microbiome mini + A750 malabsorption, malabsorption, MIS - please see request form A14s Gastrointestinal, Microbiology
- PP4ALZ **Addition to Alzheimer's I complete**
 Fatty acid status in serum, oxLDL, S, Hep, T925, TBio1 TSH, ft3, ft4, extended whole blood mineral analysis, heavy metals after chelate, day profile of salivary cortisol
- PP5ALZ **Addition to Alzheimer's II complete**
 Whole blood mineral analysis max, 2S, 2EDTA, Hep vitamin profile, LpPLA2

II. Allergies and Intolerances**Antibody Mediated Food Intolerances****Pre-screens for orientation**

- C043 **Pre-Screen A** S
 Screening for food intolerance reactions, detects food allergies by IgE-AB, IgG4-mediated intolerances and all pollen associated food allergies
- C044 **Pre-Screen B** S
 Includes pre-screen A + DAO
- C043A **Pre-Screen IgG 1-3/IgG4** S
 Detects and differentiates IgG1-3 and IgG4-mediated food intolerances
- C043B **Pre-Screen Combination** S
 Includes Pre-Screen A + differentiation IgG4- and IgG1-3-mediated intolerances
- Recommendation:**
Depending on the reaction strength in the pre-screens, follow up tests are recommended:
 - EAST-class 3: e.G. C046
 - EAST-class 4-6: e.G. C242 oder C433

IgE Nutritional Allergies

- C045 **IgE Food Screen** S
 Covers the 55 most important food allergens (46 individual allergens + 2 allergen pools)
- C759P **IgG4-IgE Combined Screen** S
 /C759S Includes the most common food allergies (22 individual allergens + 2 allergen pools)

IgG4 Food Intolerances

- C046 **IgG4 + Food Screen** S
 Covers the 69 most important food allergens (40 individual allergens + 8 allergen pools)
- C242 **IgG4 + Compact Screen** S
 96 individual allergens, with result explanation, therapy recommendations and various ideas for recipes
- C433 **IgG4 + Omniscreen** S
 218 individual allergens, with result explanation, therapy recommendations and various ideas for recipes

IgG1-3 Food Intolerances

- C046A **IgG 1-3 Food Screen** S
 Covers the 69 most important food allergens (40 individual allergens + 8 allergen pools)
- C242A **IgG 1-3 Compact Screen** S
 96 individual allergens, with result explanation and therapy recommendations
- C433A **IgG 1-3 Omniscreen** S
 218 individual allergens, with result explanation and therapy recommendations

Pseudo-allergic Reactions (CAST)

- C560 **Pseudoallergy Screening Profile** 2EDTA EXP
 (3 Pools) 15 Food Coloring and Food Additives
Food coloring
 Pool 1: Quinoline yellow, yellow-orange, azorubine, amaranth, cochineal red A
 Pool 2: Erythrosine, patent blue, indigo carmine, brilliant black
Food additives
 Pool 3: K-Metabisulfite, Na-Benzote, Na-Nitrite, Na-Salicylate, tartrazine, glutamate
Single testings of:
 C570 **substances from Pool 1** 2EDTA EXP
 C580 **substances from Pool 2** 2EDTA EXP
 C590 **substances from Pool 3** 2EDTA EXP

Note: Individual analysis: CAST... please write in the box for individual requirements/page 1.

Type IV Food Allergies (LTT)

- C650 **Determination of T-cell mediated Allergies to 20 Staple Foods** 3CPDA EXP
 Pool 1: Milk, hen's egg, wheat, rye, rice
 Pool 2: Peach, apple, orange, hazelnut, peanut
 Pool 3: Tomato, soya, carrot, celery, potato
 Pool 4: Cod, chicken, turkey, beef, pork
 Further diagnostics in case of reactions to tested pools:
 C660 **substances from Pool 1** 3CPDA EXP
 C670 **substances from Pool 2** 3CPDA EXP
 C680 **substances from Pool 3** 3CPDA EXP
 C690 **substances from Pool 4** 3CPDA EXP

Histamine Intolerance

- C385 **Histamine Degradation Capacity** S
 C390 **Diaminoxidase (DAO)** S
 Determination of reactions to biogenic amines
 C395 **Co-Factors of DAO** EDTA, Hep
 Small blood count, vit. B6, Cu + Zn (WB)

- C410 **Methylhistamine in Urine** T928

C415 **Histamine in Urine** T928
For additional diagnostic, please see request form A14s Gastrointestinal, Microbiology

- A410 **Histamine in Stool** T909

- A112 **Histamine Producing Bacteria** Fe

Inhalative Allergies IgE

- C430 **Inhalation Screen 20 Allergens** S
 Includes the most important pollen, grasses, animal epithelia, mites and moulds
- C440E **Early Bloomers (starting end of January)** S
 Alder, hazel, elm, GAX2: seasonal screen (timothy, mugwort, ribwort and glasswort)
- C450E **Central Bloomers (starting in May)** S
 Lolchgrass, mugwort, wheat, rye, Tx22: tree mix (birch, oak, elm, cedar, mesquite) x2: herb mix (tulip, geranium, primrose, hyacinth, blue)
- C460E **Late Bloomers (starting in September)** S
 Cockfoot grass, meadow foxtail, ryegrass, Pax3: pollen + moulds (Aspergillus fumigatus, Alternaria alternata, rye, wheat)
- C470E **Household Allergens** S
 Epithelia HAX1: house dust M11: Rhizopus nigricans, Mx12: moulds Ex8: feather mixture

Opioid Peptides from Milk and Grain

- C710 **Casomorphine and Gliadorphine** T912
 β -casomorphine 7, gliadorphine, casomorphine 1-3, casomorphine 1-4, -1-4amid, exorphine A5, B5, C
- Gluten Intolerance**
- B170 **Gliadin and Transglutaminase AB Serum TG2** S
Gliadin- and Transglutaminase-AB Stool TG2. Please see request form A14s Gastrointestinal, Microbiology
- B180 **Anti-WGA IgG** wheat germ agglutinin S
- B190 **Genetic Disposition sprue / Celiac Disease: HLA-DQ2 / DQ8** EDTA

Special Indications: Skin and CNS

- B174 **Transglutaminase 3 Antibodies IgA** S
 Autoimmune diseases of the skin e.g. dermatitis herpetiformis Duhring
- B176 **Transglutaminase 6 Antibodies IgA and IgG** S
 Transglutaminase of the CNS e.g. in gluten ataxia

III. Neurological Stress and Endocrinology

- Neurostress**
- F500 **Neurotransmitter Basic** T928
 Adrenaline, noradrenaline, dopamine, serotonin
- F510 **Neurotransmitter Plus** T928
 Adrenaline, noradrenaline, dopamine, serotonin, glutamate, GABA
- F610 **NT-Tryptophan Metabolism** T928
 Comprehensive analysis of the TRP metabolism: Serotonin production, kynurenine pathway with kynurenone, kynurenic acid, quinolinic acid, IDO and KMO activity. Additionally: Catecholamine determination: Dopamine, norepinephrine and adrenaline as well as clarification of the activation of the TH1 pathway via neopterin
- F620 **NT-Tryptophan Metabolism Plus** T928
 Comprehensive analysis of the TRP metabolism: Serotonin production and kynurenine pathway, of the catecholamine metabolism: PHE, tyrosine, dopamine, norepinephrine and adrenaline, further neurotransmitters: GABA, glutamate as well as relevant cofactors: methyl group donors, parameters of NO stress and of mitochondria + Clarification of immune stimulation (neopterin, BH4) and risk of arteriosclerosis (TMAO)
- F630 **Methyl Group Donors** T928
 SAM, SAH, betaine, choline
- F520 **Inhibitory Neurotransmitters** T928
 Serotonin, GABA
- F550 **Serotonin in Urine** T928
- F570 **Melatonin Sulfate in Urine** 1.MU
 Total nocturnal production

Thyroid Gland

- F200 **Thyroid Gland Basic Profile** S
 TSH, ft3, ft4
- F210 **Thyroid Gland - Supplementary Profile** S
 TSH-receptor-AB, microsomal-AB
- F220 **TSH** S
- F224 **Reverse T3** S
- F230 **TPO Microsomal Antibodies** S
- F240 **TRAK** S
- F245 **TAK** S
- F248 **Calcitonin** Scf EXP



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Please, always complete when requesting hormone tests:

Last Menstruation: _____ / _____ / _____

Menstrual Cycle Phases:

- Follicle Phase
- Luteal Phase
- Ovulation Phase
- Menopause
- Post-Menopause

Overview Profiles

Female

- F111 Hormonal Status Female S LH, FSH, Estradiol, progesterone, total testosterone, prolactin → luteal phase
- F112 Fertility profile S AMH, FSH, total testosterone, DHEAS, prolactin → day 2 - 5 of the menstrual cycle
- F113 PCO S LH, FSH, total testosterone, SHBG, free androgen index, DHEAS, androstendione → day 2 - 5 of the menstrual cycle
- F114 Menopause vs. Amenorrhea S LH, FSH, progesterone, total testosterone, TSH, prolactin

Male

- F151 Hypogonadism S LH, FSH, total testosterone, SHBG, free androgen index
- F152 Bioavailable Testosterone S Total testosterone, SHBG, albumin

Male and Female

- F181 Hormone-induced Hair Loss S, Scf EXP LH, FSH, estradiol, total testosterone, prolactin, DHEAS, parathormone
- F182 Hormonal Age S, 1.MU DHEAS, pregnenolone sulfate, melatonin sulfate, total testosterone

Hormon Profiles according to Rimkus

- RIM1 Female: Estradiol, progesterone S
- RIM1A Female: Estradiol, progesterone, FSH S
- RIM2 Male: Estradiol, progesterone S
- RIM2A Male: Estradiol, progesterone, testosterone S

Pituitary Control Hormones

- F260 LH S
- F270 FSH S
- F280 Prolactin S

Sex Hormones

- F315 Pregnenolone Sulphate S
- F320 Estradiol S
- F330 Oestrone S
- F340 Progesterone S
- F350 Total Testosterone S
- F360 Free Testosterone S
- F370 SHBG S
- F380 Dihydrotestosterone S
- F390 Androstanedione S
- F660 Somatomedin C IgF1 S

Adrenal Hormones

- F440 Cortisol in Serum S
- F450 DHEA-S in Serum S

Metabolites

- F325 Estrogen Metabolites T927 2-hydroxy-estrone, 2-methoxy-estrone, 16-hydroxy-estrone, 4-hydroxy-estrone, 4-methoxy-estrone
Methylation activity
based on estrogen metabolism → luteal phase

IV. Saliva Tests

Profiles

- 0200 Cortisol Diurnal Profile TBio1 Cortisol 8 am / 12 pm / 8 pm
- 0220 Cortisol-DHEA-Diurnal Profile TBio1 Cortisol 8 am / 12 pm / 8 pm, DHEA 8 am / 8 pm
- 0360 Melatonin (nighttime saliva) T923
- 0380 Nocturnal Saliva Profile Melatonin T924 10 pm / 12 midnight / 2 am
- 0934 Hormone Profile Male Saliva T905 Cortisol, DHEA, progesterone, testosterone, estradiol
- 0935 Hormone Profile Female Saliva T905 Cortisol, DHEA, progesterone, testosterone, estradiol

Single Parameters

- 0310 Cortisol T905
- 0320 DHEA T905
- 0330 Progesterone T905
- 0340 Estradiol T905
- 0350 Testosterone T905
- 0355 Estriol T905
- 0360 Melatonin Night Saliva T923

V. Immunology and Haematology

Cellular Diagnostics

- D150 Small Blood Count EDTA
- D160 Complete Blood Count EDTA

Diagnostic Overview

- D180 Cellular Immune Status 2EDTA EXP Lymphocyte differentiation

Further Immune Cell Differentiation:

- D197 Monitoring of Non Specific Immune Defense 2EDTA EXP By Monocytes and Natural Killer Cells
- D187 Monitoring of Immune Activation 2EDTA EXP Differentiation of acute and chronic stress and activation states
- D200 Regulatory T-cells 2EDTA EXP Suppression of the cellular immune response, regulate self-tolerance of the immune system

For Microimmunotherapy:

(always without interpretation)

- D181 MeGeMIT Immune Status 2EDTA EXP Special bar chart without interpretation
- D230 MeGeMIT TH1/2/17 Treg-Panel NEW EDTA EXP
- D940 MeGeMIT Serum Protein Profile 2S IgM, IgA, IgG, C3 Complement Component, α1-Antitrypsin, α1-Glycoprotein, Haptoglobin, CRP, Transferrin, Albumin, Prealbumin, without interpretation

Cellular and Humoral Profiles

- D110 Complete Immune Profile 1 2Sc 🌐, 2EDTA EXP Ly-Diff., CRP, sIgG, IgA, IgM
- D120 Complete Immune Profile 2 2Sc 🌐, 2EDTA EXP Ly-Diff., CRP, sIgG, IgA, IgM, IgM, IgG subcl., IgA, IgM

Humoral Activity Parameters

- D240 Humoral Immune Response Profile Sc 🌐 CRP, sIgG, neopterin
- D250 CRP S
- D260 Soluble Interleukin-2 Receptor (sIL2R) Sc Specific immune defense activity
- D270 Neopterin in Serum S 🌐 Activation of the TH1 pathway, increase i.a. in viruses, intracellular bacteria, inflammatory diseases and tumors
- D275 IP-10 S IFN-γ induced biomarker; Detection of T-cell induced immune activation
- D290 Eosinophilic Cationic Peptide (ECP) Sc Activation of the TH2 pathway, determination in atopic diseases

Cytokine Diagnostics

Stimulated Cytokines:

- D845 TH1/2/17/Treg Cytokine Status CPDA EXP Examination of immune balance by interleukin analysis

Unstimulated Cytokines:

- D875 Inflammation Profile S, CPDA EXP IL-1β, IL-6, IL-10, TNF-α, CRP

Inflammatory Cytokines

- D8301 IL-1β CPDA EXP
- D8302 IL-6 CPDA EXP
- D8303 IL-8 CPDA EXP
- D8304 TNF-α CPDA EXP

TH1 Cytokines:

- D8305 IL-2 CPDA EXP
- D8306 IL-12 CPDA EXP
- D8307 IFN-γ CPDA EXP
- D8304 TNF-α CPDA EXP

TH2 Cytokines:

- D8308 IL-4 CPDA EXP

TH17 Cytokines:

- D8309 IL-17 CPDA EXP

Immunoregulatory Cytokines:

- D8310 IL-10 CPDA EXP

Immunoglobulins

- D910 IgA S
- D920 IgG total S
- D930 IgG Subclasses S
- D950 IgE S
- D960 Profile Immunoglobulins S IgM, IgG, IgA, IgG Subclasses 1-4

Other Immunological Parameters

- D710 Nagalase S Activity measurement of a-N-acetylgalactosaminidase

Inflammation Diagnostics

- D865 TNF-α-Inhibition Test CPDA EXP Evaluation of anti-inflammatory drugs to reduce inflammatory activity; Base value including prednisolone as reference value
- D8650 Standard Panel CPDA EXP α-Lipoic Acid, Boswellia carterii (african incense), curcumin, procaine, resveratrol, vitamin C

Selection of further Inhibitors:

Only selectable in combination with D865 (1x CPDA EXP)

- D8651 α-Lipoic acid
- D8681 Berberine
- D8652 Boswellia carterii (African incense)
- D8653 Boswellia serrata (Indian incense)
- D8654 Nettle extract
- D8655 Bromelain
- D8656 Coenzyme Q10
- D8657 Colostrum
- D8658 Curcumin
- D8659 Folic acid
- D8660 Glutamine
- D8682 Glutathione reduced
- D8661 L-Carnitine
- D8662 Lecithin
- D8663 N-Acetyl-Cysteine
- D8664 Milk Thistle
- D8665 Niacin
- D8683 Omega 3
- D8666 Pantothenic acid
- D8667 Procaine
- D8684 Propolis
- D8668 Quercetin



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- D8669 Resveratrol
- D8670 S-Adenosylmethionine
- D8671 Selenium
- D8672 Silymarin
- D8673 Devil's Claw
- D8674 Tocopherol
- D8685 Vitamin B12
- D8675 Vitamin C
- D8676 Vitamin D
- D8677 Zinc
- D8678 TNF- α Individual Preparation 1.....
- D8679 TNF- α Individual Preparation 2.....
- D8680 TNF- α Individual Preparation 3.....

Note: The selection of inhibitors is constantly being expanded. You will find an up-to-date list on our homepage.

NK Cell Function Tests

- D500 Basic Activity 3CPDA EXP
Cytotoxic activity against virus-infected cells and tumor cells
 - D510 Tumor Killing Test Standard Panel 5CPDA EXP
Cytotoxic activity against virus-infected cells and tumor cells, testing of immune modulators, incl. standard panel: selenium, vitamin C, AHCC, ASA
- Selection of further Immune Modulators**
Only selectable in combination with D500 or D510
- Please choose from the following preparations:
- D620 Helixor M CPDA EXP
 - D630 Helixor P CPDA EXP
 - D640 Helixor A CPDA EXP
 - D650 Iscador M CPDA EXP
 - D660 Iscador P CPDA EXP
 - D820 Individual Preparation: CPDA EXP

Rheumatological Diagnostics / Autoimmune Diseases

- D320 Rheumatism Profile 1 Sc, EDTA
Small blood count, CRP, sIL2R, ANA, RF, CCP-AB
- D340 Reactive Arthritis S
Yersinia AB, Chlamydia trachomatis AB, Chlamydia pneumonia AB (per IgA + IgG)
- D350 RF S
- D360 ANA S
- D365 ENA Profile S
SS-A, SS-B, Jo-1, SCL-70, U1RNP, ds-DNA, CENP-B
- D400 CCP-AK S
- D410 c-ANCA S
- D420 p-ANCA S

VI. Infection Diagnostics

- K101 Multi-pathogen test **NEW** 3CPDA EXP
(Cytokine Release)
21 pathogens, highly sensitive, differentiation of acute and latent infections (Bacteria: Borrelia, Chlamydia, Mycoplasma, Yersinia, H. pylori, Strept., Staphylococc.; Viruses: EBV, CMV, HSV-1, HSV-2, VZV, SARS-CoV-2; Fungi: Candida, Aspergillus; Parasites: Toxoplasmosis, Giardia lamblia).

Borrelia

Step 1: Serological Detection Methods

- K111 Borrelia AB IgM and IgG qualitative S

Step 2: Confirmation methods

- K131 Borrelia Immunoblots S
B. burgdorferi, B. spielmanii, B. afzelii - per IgG, IgM

Immunological detection methods

- K115 Borrelia LTT 3CPDA EXP
- K120 Borrelia ELISpot 3CPDA EXP
Verification of specific T-Cells, usually detectable already 5-7 days after tick bite
- K121 Borrelia Fluorescence ELISpot 3CPDA EXP
Detects γ -IFN and IL-2 producing lymphocytes. Allows diff. between active and past infection.
- D220 CD3-CD57+ NK-Cells 2EDTA EXP
- K140 Borrelia DNA inside the tick Tick

Additional Tick-borne Diseases

- K180 Ehrlichiosis AB IgG and IgM S
- K190 TBE-AB IgM and IgG S
- K200 TBE-RNA inside the tick Tick
- K170 Tick associated Co-infections S
Babesia microti, Babesia divergens, Ehrlichiose, Bartonella henselae, Bartonella quintana, Rickettsia rickettsii, Rickettsia typhi
- K141 Tick-Screening PCR Tick
Borrelia, Anaplasma, Rickettsia, Babesia, Bartonella

Viruses

Virus Prevention

- E705 Antiviral Micronutrients S, Hep T923
Vit. C, Vit. D3 (25OH), Zn (VB), Se (VB), melatonin
- D890 Immune Competence against Viruses 3CPDA EXP
TH1 ELISpot

Serology

- K341G SARS-CoV-2 Verification of Immunity S
IgG-AB
- K220 HHV 1/2 AB Herpes simplex 1/2 IgM + IgG S
- K230 VZV - AB HHV-Type 3 IgM + IgG S
- K240 CMV - AB HHV-Type 5 IgM + IgG S
- K251 EBV - AB HHV-Type 4, per IgM + IgG, VCA p18 + p23, EBNA1, EA p54 + p138, Zebra S
- K270 HHV6 - AB IgM + IgG S
- K280 HHV7 - AB IgM + IgG S
- K290 HHV8 - AB IgG S
- K300 HIV1/2 AB S
- K320 Polio - AB Type 1 + 3, IgG Vaccination titer S
- K330 Rubella - AB IgG Vaccination titer S
- K340 Measles - AB IgG Vaccination titer S

ELISpots

- K265 Reactivation screen 3CPDA EXP
ELISpot to detect the most common acute reactivations (EBV, CMV, VZV)
- K260 EBV - ELISpot 3CPDA EXP
- K242 CMV-ELISpot 3CPDA EXP
- K355 Influenza A-Fluorescence-ELISpot 3CPDA EXP
- K271 HHV6- Fluorescence-ELISpot 3CPDA EXP
- K236 VZV-ELISpot 3CPDA EXP
- K221 HSV1+2- Fluorescence-ELISpot 3CPDA EXP

Bacteria

- K460 TPHA Lues Screening Test S
- K490 Chlamydia pneumoniae - AB IgA + IgG S
- K500 Chlamydia trachomatis - AB IgA + IgG S
- K505 Chlamydia - ELISpot 3CPDA EXP
- K520 Yersinia - AB IgA + IgG S
- K540 Tetanus AB IgG Vaccination titer S
- K550 Diphtheria - AB IgG Vaccination titer S
- K560 Pneumococci - AB IgG Vaccination titer S
- K570 Mykoplasma - AB IgA, IgM, IgG S
- K580 ASL Antistreptolysin titer S
- K590 Campylobakter jejuni KBR IgG and IgA S

Fungi, Protozoa and Worms

- K611 Mould Contamination **NEW** 3CPDA EXP
(Cytokine Release)
12 Moulds, 13 Mycotoxins - Highly sensitive functional detection. Moulds: Acromonium (1), Alternaria (1), Aspergillus (4), Cladosporium (2), Fusarium (1), Penicillium (1); Chaetomium (1), Serpula (1); Mycotoxins: Aflatoxins (4), Citrinin, Deoxynivalenol, Fumonisins (2), Gliotoxin, Ochratoxin A, Sterigmatocystin, T-2 Toxin, Zearalenone
- K620 Candida - ELISpot 3CPDA EXP
Detection of chronic Candida infestation despite inconspicuous cultural stool findings
- K630 Candida - Serology IgA, IgG, IgM S
- K635 Candida - Serology IgE S
- K800 Echinokoccus granulosus - AB S
- K810 Echinokoccus multilocularis - AB S

VII. Clinical Chemistry

Overview Profiles

- G111 Small Basic Profile S, EDTA
Small blood count, hsCRP, crea., GGT, GPT, amylase, chol, HDL, LDL, TGL, UA
- G131 Large Basic Profile S, EDTA, NaF
Small blood count + AP, HbA1c, albumin quant., TSH, ferritin blood sugar

Liver and Pancreas

- G200 Liver Basic Profile S EDTA
small blood count, γ GT, GPT, GOT, AP, cholinesterase, total bilirubin, LDH
- G210 Hepatitis Serology Profile S
HAV-AB IgM, HBc-AB IgM, Hbs-Ag, HCV-AB
- G220 HAV-AB IgM + IgG S
- G230 HBc-AB IgM S
- G240 HBs-AB Hepatitis B Vaccination titer S
- G250 HBs-Ag S
- G260 HBV DNA quantitative EDTA
- G270 HCV-AB EIA S
- G280 HCV-RNA quantitative EDTA
- G290 HEV-AB IgM + IgG S
- G300 Liver Pancreas Screening S
 γ GT, GPT, amylase
- G305 Bilirubin S
- G315 Albumin quantitative S
- B148-77 Amylase, Lipase S

Kidney, Water and Electrolyte balance

- G320 Kidney Profile Sz, EDTA, NaF, 2.MU
Small blood count, Crea, urea, Na (S), K (S), Ca (S), blood sugar, albumin quant.; microalbumin and NAG in urine
- G330 Urea S
- G335 Creatinine S
- G340 Cystatin C S
- G345 Serum Electrolytes Small Na, K, Ca Sc
- G350 Serum Electrolytes Large Na, K, Ca, Mg, Cl, PO4 Sc
- G370 Microalbumine in Urine U
- G325 Total protein in Serum S

Atherosclerosis risk, Metabolic syndrome

- G391 Arteriosclerosis Risk Basic Profile S
TGL, Chol, HDL, LDL, lipid peroxidation, LpPLA2
- G392 Arteriosclerosis Risiko Supplementary Profile S, HCY
hsCRP, homocysteine, lipoprotein a
- G430 Lipoprotein A S
- E245 LpPLA2 S
Vessel-specific inflammation marker
- G450 hsCRP S
- G460 Homocysteine HCY
- G460SE Homocysteine **NEW** Sc
- G510 ADMA S
Asymmetric dimethylarginine
- D1230 Fibrinogen Citrate
- G400 Diabetes Screening blood sugar, HbA1c EDTA, NaF
- G410 Intact Proinsulin
- G415 HOMA-Index S
Insulin, blood sugar, insulin resistance
- G420 Fat Metabolism Screening S
Chol, HDL, LDL, TGL
- G515 Lipoprint LDL-Subclasses S
- G480 Leptin S
- G490 Adiponectin S
- G500 Uric Acid S

Anemia

- D133 Anemia Profile S, EDTA
Small blood count, LDH, transferrin saturation, ferritin, vit. B12, folic acid, haptoglobin

Heart and Muscles

- G521 Cardiac Basic Profile S, EDTA EXP
Small blood count, CK, CKMB, GOT, LDH, hsCRP
- G530 Muscle Enzymes CK, GOT, LDH S
- G550 NT-pro-BNP Cardiac Insufficiency S



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Bone Metabolism		
<input type="checkbox"/> G570	Crosslinks	1.MU
<input type="checkbox"/> G580	Bone-specific AP	S
Iron Balance		
<input type="checkbox"/> G620	Transferrin Saturation	S
	Serum iron, transferrin	
<input type="checkbox"/> G630	Ferritin	S
<input type="checkbox"/> G612	Iron Standard	S, EDTA
	Small blood count, Fe (S), transferrin, transferrin saturation	
<input type="checkbox"/> G614	Iron Store	S, EDTA
	G612 + hsCRP, soluble transferrin receptor, ferritin, iron index	
<input type="checkbox"/> G616	Iron Anemia	S, 2EDTA, Hep
	G612 + ferritin, Fe (WB), Cu (S), hsCRP, vit. B6, vit. B12, folic acid	
<input type="checkbox"/> G618	Iron Inflammation/Tumor	S, EDTA, Hep
	G612 + ferritin, Fe (WB), hsCRP, folic acid	

Tumour Marker		
<input type="checkbox"/> G661	Prostate Screening	S
	PSA, fPSA, ratio	
<input type="checkbox"/> G670	Total PSA	S
<input type="checkbox"/> G681	Female Profile 1	S
	CEA, SCC, CA19-9	
<input type="checkbox"/> G690	Female Profile 2	S
	TPA, Ca12-5, Ca15-3	
<input type="checkbox"/> G701	Male Profile 1	S
	CEA, Ca19-9, total PSA	
<input type="checkbox"/> G710	Male Profile 2	S
	Cyfra21-1, AFP, β-HCG, TPA	
<input type="checkbox"/> G730	M2PK Blood	EDTA-PI.

VIII. Detoxification / Toxicology

Detoxification		
<input type="checkbox"/> I511	Detoxification Profile	S, Hep, EDTA, CPDA EXP
	GSTT1, GPX, SOD2, GSH, GSSG	

Detoxification - Step-by-Step Concept		
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Step 1:

<input type="checkbox"/> I452	Glutathion-S-Transferase (GSTT1)	Hep EXP
<input type="checkbox"/> H240	Total GST Activity genetic	EDTA ♦♦
<input type="checkbox"/> I460	Caffeine Clearance 1h and 5h after caffeine intake; up to 60 kg: 300 mg, above: 400 mg	2S

Please fill in:

Body weight (kg):

Step 2:

<input type="checkbox"/> E135	When GST Activity Is Reduced; Micronutrients analysis: Zn + Se (VB)	Hep
<input type="checkbox"/> E530	When Caffeine Metabolism is disturbed: Hep	EDTA ♦♦
	Vitamin C	

Step 3:

Detoxification Capacity Genotypes		
<input type="checkbox"/> H110	CYP 1A1	EDTA ♦♦
<input type="checkbox"/> H120	CYP 1A2	EDTA ♦♦
<input type="checkbox"/> H190	GST M1, T1, P1	EDTA ♦♦
<input type="checkbox"/> H260	NAT2	EDTA ♦♦

Dentistry		
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Metals		
<input type="checkbox"/> D1060	LTT Metals	6CPDA EXP
	Hg, Cu, Ag, Sn, ethyl mercury, Au, Ni, Pd, Cr, Co, Mo, Al, Pt, Cd	
<input type="checkbox"/> D1090	Titanium Alloys	3CPDA EXP
	Ti, V, Al, Ni	

Multielement Analysis Saliva (chewing gum tests)		
<input type="checkbox"/> I610	Amalgam / Root Fillings	T931
	MEA (multielement analysis: Ag, Au, Bi, Cd, Co, Cu, Hg, In, Ir, Mo, Pb, Pd, Pt, Sn, Zn, Zr)	
<input type="checkbox"/> I620	Dental Crowns	T931
	MEA-Tox I (MEA + As, Ni, Ti)	
<input type="checkbox"/> I630	Prostheses and Implants	T931
	MEA-Tox I + Cr, Al	
<input type="checkbox"/> I640	Bisphenol A	T931

Plastic Fillings

<input type="checkbox"/> D1070	LTT Plastics	6CPDA EXP
TEGDMA, BisGMA, HEMA, MMA, DUDMA, EGDMA, butanediol-1,4-methacrylate, hydroquinone, dimethyl-4-toluidine, benzoyl peroxide, formaldehyde, phthalates, camphorquinone		

Metals and Plastic Fillings

<input type="checkbox"/> D1080	LTT Combination Profile Dental Check	6CPDA EXP
Au, Ni, Pd, Cr, Co, Pt, Hg, Cu, Ag, Sn, MMA, HEMA, TEGDMA, BisGMA		

Titanium Implant

<input type="checkbox"/> D835	Titanium Stimulation Test	CPDA EXP
Cytokine release (TNF-α, IL-1β) by macrophages after contact with titanium dioxide		

Root Canal Treatment

<input type="checkbox"/> D836	Thioether Mercaptans	2CPDA EXP
Sensitization to thioether and mercaptans (IFN-γ + IL-10)		

Inflammation / FDOK / NICO

<input type="checkbox"/> D1055	Rantes	S
IL-1A, IL-1B, TNF-α, IL-1RN		

Systemic Heavy Metal Exposure

<input type="checkbox"/> I927	Safety Profile Chelate	Sc, NaF, Hep, EDTA
Complete blood count, Crea, urea, Na + K + Ca (S), blood sugar, K + Mg + Cu + Zn (WB), γGT, GPT, transferrin saturation, CRP		
<input type="checkbox"/> I113	Heavy Metals Profile before and after Chelate	38 Elements
	Ag, Al, As, Au, B, Ba, Be, Bi, Cd, Co, Cr, Cs, Cu, Fe, Ga, Gd, Ge, Hg, In, Ir, Li, Mn, Mo, Ni, Pb, Pd, Pt, Sb, Se, Sn, Sr, Ti, Tl, U, V, W, Zn, Zr, creatinine	T925
<input type="checkbox"/> I114	Heavy Metals Profile after Chelate	38 Elements
	like I113	T925
<input type="checkbox"/> I115	Heavy Metals in Urine without Chelate	38 Elements
	like I113	2.MU
<input type="checkbox"/> I120	Mercury in Urine before Chelate Administration	2.MU
<input type="checkbox"/> I130	Mercury in Urine after Chelate Administration	T925
<input type="checkbox"/> I240	Gadolinium in Urine before Chelate Administration	2.MU
<input type="checkbox"/> I245	Gadolinium in Urine after Chelate Administration	T925
Chelation with:		

Solvents and Aromatics

<input type="checkbox"/> I282	Solvents Screening qualitative	SpecV, 4ml
Benzene exposure		

LTT Tests (specific Type IV reactions)

<input type="checkbox"/> D1010	LTT Environmental Toxins	3CPDA EXP
Plasticizer, formaldehyde, phenol, permethrin, dichlorophenoxyacetic acid		
<input type="checkbox"/> D1020	LTT Moulds	3CPDA EXP
Aspergillus spez., Alternaria spez., Cladosporium spez.		
<input type="checkbox"/> D1025	LTT Solvents	3CPDA EXP
Toluene, xylene, acetone, hexane, tetrachlorethane, dichloromethane		

Toxicology, other

<input type="checkbox"/> I360	Glyphosate	U
Polychlorinated Biphenyls		
<input type="checkbox"/> I380	Pentachlorophenol	S
MEA-Tox I (MEA + As, Ni, Ti)		
<input type="checkbox"/> I390	Hexachlorocyclohexan Metabolites	SpecV, 4 ml
<input type="checkbox"/> I432	Pesticide Screening qualitative	Hep



For additional investigations, please refer to the following request forms:

A14s

Gastrointestinal Tract / Microbiology

Includes all analyses related to the gastrointestinal tract: microbiome analysis, classical stool diagnostics, functional stool parameters, gastroenterological examinations (such as breath tests, Helicobacter pylori testing etc.), metabolome analysis, as well as vaginal diagnostics and aromatograms.

A14T-BS

Test Set Request

This form is included with the test sets. Please use the provided form and avoid duplicate requests.

EBS-2

Evidence-Based Strategies for Common Diseases and Health Conditions

Comprises diagnostic profiles specifically compiled for various medical conditions, such as acne, burnout, chronic fatigue syndrome (CFS), depression, migraines, or irritable bowel syndrome (IBS). Additionally, it lists differential diagnostic and advanced parameters or profiles. The profiles are evidence-based, elucidate causes, describe consequences for the organism, and provide reliable approaches for individualized therapy.

GEN-14

Genetics

Includes clinically relevant gene combinations, epigenetic profiles, genetic profiles related to various health issues (such as histamine intolerance, inflammation, depression, vitamins, pharmacogenetics, cardiovascular health, osteoporosis, coagulation, etc.), and various individual analyses.

TM-14

Telemedicine

A minimally invasive option for patients who cannot visit the practice.



A 1 4 - 1 - E N - 5

Patient Data:

Blood Pressure:

 mm Hg

Body Height:

cm

Weight:

kg

Medication, Dosage, Taken since:**Complaint Pattern / Anamnesis:****Diagnoses**

Please mark known diseases or complaint patterns of the patient

Digestive Tract

- | | |
|---|--|
| <input type="checkbox"/> Colitis ulcerosa | <input type="checkbox"/> Intestinal mycosis |
| <input type="checkbox"/> Diabetes mellitus | <input type="checkbox"/> Diarrhoea |
| <input type="checkbox"/> Diverticulosis | <input type="checkbox"/> Dyspepsia |
| <input type="checkbox"/> Fructose malabsorption | <input type="checkbox"/> Cholelithiasis |
| <input type="checkbox"/> Gastritis | <input type="checkbox"/> Haemorrhoids |
| <input type="checkbox"/> Colon carcinoma | <input type="checkbox"/> Lactose Intolerance |
| <input type="checkbox"/> Crohn's disease | <input type="checkbox"/> Meteorism |
| <input type="checkbox"/> Food Intolerances | <input type="checkbox"/> Ulcus complaints |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Celiac Disease |
| <input type="checkbox"/> Pancreas Insufficiency, exocrine | <input type="checkbox"/> Stomatitis |
| <input type="checkbox"/> Irritable colon | |

Respiratory Tract

- | | |
|---|-------------------------------------|
| <input type="checkbox"/> Bronchial asthma | <input type="checkbox"/> Bronchitis |
| <input type="checkbox"/> Rhinitis | <input type="checkbox"/> Sinusitis |
| <input type="checkbox"/> Tonsillitis | |

Skin/Hair

- | | |
|------------------------------------|---------------------------------------|
| <input type="checkbox"/> Acne | <input type="checkbox"/> Eczema |
| <input type="checkbox"/> Furuncles | <input type="checkbox"/> Loss of hair |
| <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Dry skin |
| <input type="checkbox"/> Urticaria | <input type="checkbox"/> Cellulitis |

Cardiovascular System

- | | |
|---|--|
| <input type="checkbox"/> Angina pectoris | <input type="checkbox"/> Arteriosclerosis |
| <input type="checkbox"/> High blood-pressure | <input type="checkbox"/> Cardiac insufficiency |
| <input type="checkbox"/> Lipid metabolic disorder | |

Urogenital Tract

- | | |
|--|---|
| <input type="checkbox"/> Cystitis | <input type="checkbox"/> Urinal Tract Infection |
| <input type="checkbox"/> Prostatic hypertrophy | <input type="checkbox"/> Vaginal mycosis |

Allergies

- | | |
|--|-------------------------------------|
| <input type="checkbox"/> Food allergies | <input type="checkbox"/> Pollinosis |
| <input type="checkbox"/> Neurodermatitis | |

Psyche/Nervous System

- | | |
|--|---|
| <input type="checkbox"/> Depression | <input type="checkbox"/> Polyneuropathy |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Hyperactivity (ADS) | <input type="checkbox"/> Insomnia |
| <input type="checkbox"/> Fatigue | |

Hormonal Dysfunction

- | | |
|--|--|
| <input type="checkbox"/> Menopause | <input type="checkbox"/> Hypothyroidism |
| <input type="checkbox"/> Premenstrual complaints | <input type="checkbox"/> Hyperthyroidism |

Musculoskeletal System

- | | |
|--|---|
| <input type="checkbox"/> Athrosis | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Bechterew's disease | <input type="checkbox"/> Rheumatoid arthritis |

Material Legend:**Blood**

- | | |
|----------|--|
| CPDA | = Citrate Transport Med. |
| Citrat | = Citrate Blood 1:10 |
| CP | = Citrate Plasma
(centrifuged and pipetted off) |
| EDTA | = EDTA Whole-Blood |
| EDTA-PI | = EDTA-Plasma
(centrifuged and pipetted off) |
| EDTA-PIf | = EDTA-Plasma frozen |
| HCY | = Special Vial Homocysteine |
| Hep | = Heparin Whole-Blood |
| NaF | = Sodium Fluoride Whole-Blood |
| S | = Serum |
| Sc | = Serum - must be centrifuged
(also in case of short shipping time) |
| Scf | = Serum centrifuged frozen |
| SpecV | = Special Vial |

Declaration of Consent for Genetic Analysis(Gene Diagnostics Law) **\$7 medical reservation****Must be completed in full, otherwise diagnostics cannot be performed!****To be filled out by the doctor:**

• Patient name

• First name

• Date of birth

• Date

• Practitioner name

• Practitioner signature

• Place and Date

My physician has informed me about the relevance and scope of the resepective diagnostic tests, in particular about their purpose, nature, extent, significance and consequences.

yes no

I have given my consent to the collection of required sample material.

yes no

I was given sufficient time before agreeing to the above mentioned analysis and I have the right to revoke my Declaration of Consent in written form at any time.

yes no

I agree that the remaining sample material can be kept for later verification, additional requests by my physician or for scientific purposes (i.e. method development) until revoked.

yes no

The requested analysis can be forwarded to a specialized medical cooperation laboratory.

yes no

The test results might be saved for a longer time than the specified 10 years period.

yes no

• Signature/Legal Representative

Patient Declaration

I hereby declare my consent to the examinations arranged. I have been informed of the costs and of the right to a second medical opinion.

I agree that the services I wish to receive are preventive services which are not part of basic medical care. The services will be charged on the basis of the German Scale of Fees for Physicians (GOÄ). In addition to the service, a reimbursement of expenses according to §10GOÄ (3) in the amount of 5.60 € will be charged. I have no claim against my health insurance for reimbursement of the individual services. The laboratory medical examinations are carried out by biovis' Diagnostik MVZ. My doctor has informed me about this.

I agree to my personal data being transmitted for the provision of services (name, address, payer, insurance number, date of birth and gender, if applicable, information on body height and weight, medical history and medication), insofar as this is necessary for requested analyses. (Regulation (EU) 2016/679 Art. 6 para. 1 lit. B). I give this consent voluntarily and can revoke it informally at any time with immediate effect for the future without giving reasons. My doctor has also informed me about this.

I agree that remaining sample material may be stored for scientific purposes (e.g. method development) until revoked.

• Place and Date

• Signature/Legal Representative

Urine Diagnostics

- | | |
|---------|---|
| 1.MU | = First Morning Urine, yellow UM* |
| 2.MU | = Second Morning Urine, yellow UM* |
| U | = Standard Urine, yellow UM* |
| U green | = Midstream Urine, green UM* |
| U24 | = Urine collected over a period of 24 hours, yellow UM* |
| U# | = Midstream Urine,
in case of professional exposure after end of shift |
- *Urine Monovette

Other Materials

- | | |
|---------|--|
| Fe | = Stool |
| T + Nr. | = Special Test Set
(depends on requirements) |
| EXP | = Sample Pick-up or Express Shipment required |
| GL | = Light-Protected |
| GR | = Genetic Consent required
\$7 medical reservation |
| UR | = Sample unrefrigerated |

