GENERAL SAMPLING **URINE**

For urine tests, pay attention to which type of urine is needed: first or second morning urine, 24-hour collection urine or urine for special Sample Collection Kits (e.g. cryptopyrrole, neurotransmitter). Generally, the midstream urine is used.



Urine tube with yellow cap:

Urine tubes without stabilizer for the analysis of native urine samples.



Urine tube with green cap:

Urine tube with stabilizer. This type of tube contains lyophilized bacteriostat which stabilizes the urine for 48 hours. Please make sure that the filling quantity is sufficient. For bacterial testing, disinfect the environment and collect the urine using a sterile container.

Special urine tube with additive (depending on Sample Collection Kit):

Please follow the respective Sample Collection Instructions!

IMPORTANT

Difference between first and second morning urine

The first morning urine is the urine obtained after getting up in the morning. Please make sure that at least 8 hours have passed since the last meal.

The collection of the second morning urine is obtained at least 2 - 4 hours after the first morning urine. Samples collected before the 2-hour mark do not qualify as second morning urine! Please do not drink excessively during this time. Water and fruit tea are usually allowed in moderate amounts of up to ½ liter of fluid.

Sample Collection

1. Please use the midstream urine: The urine is obtained without interrupting urination by holding the urine container in the urine stream. The container should be filled about halfway. The first and the last part of the urine are not collected.

2. Now take the yellow tip and the yellow urine tube. Twist off the front part of the yellow cap from the tube and put on the tip.

3. Dip the yellow tip into the urine and pull the plunger until the tube is filled completely.

4. Remove the yellow tip and carefully reclose the urine tube with the yellow stopper.

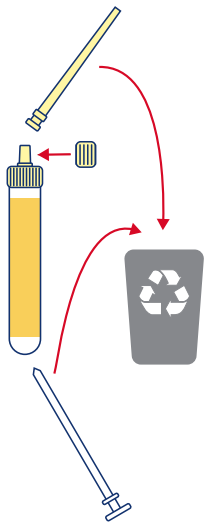
5. Please break off the pulled out plunger at the predetermined breaking point. The remaining part of the plunger should no longer stick out.

6. Dispose of the dip, the broken plunger, and the urine cup in your household waste.

7. Please make sure to label the urine tube with the following information:

- ***Name***
- ***Collection date***
- ***Material = urine***

8. Please place the labeled urine tube in the transport tube (protective containers for mailing) and put these together with the filled in request form in the mailing bag.



IMPORTANT

Please dispatch the Sample Collection Kit as soon as possible and drop off the mailing bag preferably to a post office or to your doctor/therapist. Shipping over the weekend and holidays should be avoided.

State: 19.11.2024

Thank you for your support
Your biovis-Team

biovis Diagnostik MVZ GmbH
Brüsseler Str. 18 · 65552 Limburg-Eschhofen